



Fidelis Lady Lenten Pilgrimage 2024

The Shrine of the Blessed Sacrament
3224 County Road 548
Hanceville, AL 35077
256-352-6267 - olamshrine.com



What is a Pilgrimage:

Here's a definition from the great Fr. Hardon from his Modern Catholic Dictionary:

A journey to a sacred place undertaken as an act of religious devotion. Its purpose may be simply to venerate a certain saint or ask some spiritual favor; beg for a physical cure or perform an act of penance; express thanks or fulfill a promise. From the earliest days pilgrimages were made to the Holy Land, and later on to Rome, where Peter and Paul and so many Christians were martyred. From the eighth century the practice began of imposing a pilgrimage in place of public penance. As a result, during the Middle Ages pilgrimages were organized on a grand scale and became the object of special Church legislation. In modern times, besides Rome and the Holy Land, famous shrines such as Lourdes, Fátima, and Guadalupe draw thousands of pilgrims each year from the Catholic world.

For our purposes here is another consideration:

“A pilgrimage is a spiritual journey to a sacred destination. Many people primarily embark on Catholic pilgrimages to encounter God in a profound and personal way. The goal is to come back transformed and, through your prayers, to transform the lives of the loved ones you prayed for. During a pilgrimage, pilgrims pray, attend Mass together, and share meals. Pilgrimages are not leisure trips. Many pilgrimages require you to wake up early in the morning (sometimes before 6:00 am) to reach sites, and you must stay with your group for the majority of the time. If waking up early, being confined to a group, and walking for long periods, is difficult for you, going on a pilgrimage can help you grow in those areas so that you start to view inconveniences as redemptive sacrifices.”

[Click here for a practical guide to making a Pilgrimage from Ascension Press.](#)

Fidelis Ladies Pilgrimage Guidelines:

Pilgrimage Talks, Activities, and Meals - In the spirit of Pilgrimage we will attend all of the talks, Activities, and Meals as a group. There are some times during the Pilgrimage when you will have time on your own. On Thursday and Friday, we will share dinner off of the property (see below).

Meals:

- + The Shrine is providing Breakfast and Lunch on Thursday during the Sodality Day
- + Fidelis is catering Lunch Friday on the Shrine grounds
- + All other Meals are the responsibility of the Pilgrim (Breakfast on Friday and Saturday, Dinner on Thursday & Friday)
- + In the spirit of Pilgrimage we will dine together for Dinner on Thursday and Friday at pre-selected locations noted in the schedule. Each pilgrim will be responsible for the cost of her meal.

Schedule

Wednesday, March 20, 2024

Fidelis Ladies Arrive in Hanceville (Various times & lodging locations)

Please “check in” digitally with Betsy Hoyt when you and your group arrive on Wednesday to account for everyone. Please post a message to TeamSnap on the 2024 Lenten Pilgrimage Team with your lodging location. If you are not on TeamSnap yet please install the app on your phone as we will be using this for Pilgrimage communication.

Thursday, March 21, 2024

SODALITY DAY SCHEDULE - The Shrine’s Adoration Sodality meets on the third Thursday of each month at the Shrine, we have been invited to participate. If you would like more info on the Sodality please reach out to Betsy or go to iadorethee.com.

6:45 am - Arrive at Shrine* - Please go directly to the Main Church

7:00 am - Mass (Main Church)**

8:00 am - Confessions (Main Church)

8:00 am to 9:30 am - Catered Breakfast (RDH-A Castle)

9:30 am - Spiritual Talk (St. Gabriel Hall)

10:30 am - Shrine Tour

11:30 am - Midday Prayer & Rosary with The Nuns (Main Church)

Noon - Mass (Lower Church)**

12:00 pm to 2:00 pm - Catered Lunch (RDH-A Castle)

2:00 pm - Eucharistic Healing Service (Lower Church)

3:00 pm - Confessions (Main Church)

3:30 pm - JPPII Eucharistic Center Tour

6:00 pm - Dinner Public House 412 - 412 2nd Avenue, Cullman, AL 35055 - 256-841-6412

Friday, March 22, 2024

6:45 am - Arrival (or breakfast on your own)

7:00 am to 8:00 am - Mass w/Nuns (Main Church)** or Breakfast on your own

8:15 am to 9:15 am - Adoration/Free Time*

9:30 am to 10:15 am - Spiritual Talk (St. Gabriel Hall)

11:30 am to 12:00 pm - Rosary w/ Nuns (Main Church)

12:00 pm to 12:45 pm - Mass (Lower Church)**

1:00 pm to 1:45 pm - Catered Lunch (RDH-A Castle)

2:00 pm to 3:00 pm - Eucharistic Healing Service (Lower Church)

3:00 pm to 3:30 pm - Confessions / Divine Mercy Chaplet (Main Church)

3:45 pm to 4:45 pm - Gift Shop (Castle) or Free Time

5:00 pm to 6:30 pm - Free time on Shrine Grounds

6:30pm - Dinner: Buenavista Mexican Cantina (2044 St Joseph Dr NW, Cullman, AL 35055, 256-737-5050)

Saturday, March 23, 2024

8:00 am - Arrival* (or breakfast on your own)

8:15 am to 9:15 am - Adoration* (Main Church)

9:30 am to 10:15 am - Group meeting (St. Michael's Hall or St. Gabriel

Hall) 10:30 am to 11:15 am - Gift Shop (Castle)/ Free Time

11:30 am to 12:00 pm - Rosary w/ Nuns (Main Church)

12:00 pm to 12:45 pm - Mass (Main Church)

1:00 pm - Group Photo in the courtyard

1:30 pm - Departure

Fidelis Contact Information:

+ Betsy Hoyt, Mentorship Director & Retreat Planner

+ 336-425-6313 (Mobile)

+ mentorship@fidelisonline.org

+ Lodging at St. Benedict Cabin, 1651 County Rd. 548, Hanceville, AL 35077

Notes:

+ Adoration is available in the Upper Church during Shrine hours except during 7:00 am Holy Mass

+ Holy Mass is offered twice on Thursday and Friday you may choose to attend one or both (we recommend attending both since they are held in the different churches at the Shrine)

+ The Shrine does have a dress code for the grounds & the Church (from their website): "The Shrine is a Temple of the Lord. Clothing must be suitable for a holy place. Shoulders and knees must be covered. Temporary apparel is available at the Reception desk if needed."

+ Photography and Videography are not permitted in the Main and Lower Churches. In all other areas, both still photography and video recording are permitted for private non-commercial use only.



Packing List

Bible	Toiletries
Journal, pen	Water bottle
Fidelis Book	Tote Bag or backpack for your things while on the Shrine grounds
Suitable attire for all three days (see dress code above)	

Fidelis Prayer

Father, Through my yes to you, I find true love.
You see me as precious and honored and have called me by name.
As your daughter, may I always walk with You,
and seek Your glory in all things.
Send your Holy Spirit to teach and guide all of the Fidelis Sisters,
forming each as a disciple, vessels of truth and beauty.
Remain with them wherever they may be,
and may we be a sisterhood abundant in faith, hope and love.
Mary, from the cross Jesus proclaimed you as our Mother,
teach me how to love and how to pray.
As you courageously stood with Jesus on His cross,
stand with me and my crosses,
and may I stand with those who suffer around me.
Pray that I may live a joyful life of purity, service and discipleship.
Mary, full of grace, pray my heart to be always open to the Holy Spirit.
Paratum cor meum Deus, Paratum cor meum.
My heart is ready, oh God, my heart is ready.

